



## Episode 40 : **Being Willing to Do Whatever It Takes**

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**Meet phenomenal host, Fiona Cutts, and join her on the magical journey and hear how she changed from being paralysed by shyness to shining with exuberance as an international facilitator, empowering others to create a greater life than they ever thought possible.**

In this episode, Fiona is talking to us from an Egyptian seaside resort town en route to Antalya, Turkey. She shares with us her awarenesses and tools she used to get out of the trauma and drama of the craziness she has been experiencing and make the choice to do whatever it takes, to be the energy of her life.

### **Key messages:**

- Shy people may believe they have the perfect excuse not to do whatever it takes to create the lives they truly desire
- We can make the demand of ourselves: I require to be actualising more money to have this lifestyle rather than creating crazy trauma and drama, I'm choosing something different now!
- What if we could have it all? we can get there by being the energy of whatever it takes, make the demand of ourselves and have the trust in ourselves, not judge ourselves for it

- We can create the energy of our lives without knowing where that will be
- Are you willing to do whatever it takes to have what you desire in your life?

## Tools and Questions

*Everything that talking directly about being shy as the perfect excuse brings up in your world, truth will you destroy and uncreate it? Thank you.*

Right and wrong, good and bad, POD and POC, all 9, shorts, boys and beyonds®.

*Anywhere you're going to "I can either be well, healthy and happy or I can have money, will you destroy and uncreate that either/or universe? Thank you.*

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*Have a conversation with your body, hey body if you would like to have more of this lifestyle, more of this luxury, more of this yum, with total ease, joy and glory, hey will you please contribute to actualising this money?*

*How can I be happy, healthy and wealthy? Show me Universe, please. I'm willing to do whatever it takes.*

*What would it take to do what it takes? Anything that doesn't allow that, I destroy and uncreate it all.*

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*Ask for the energy Fiona is being in your own way. Anything that doesn't allow that, will you destroy and uncreate it? Thank you.*

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## Resources:

> Download your free resource - [5 Steps to Overcoming Shyness wherever you are](#)

> [Find me](#)

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> [Access Consciousness Clearing Statement®](#)

Do get in touch with Fiona if you have any questions or would like to suggest a topic for a future Podcast.