



Episode 44 : **Never Enough**

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**Meet phenomenal host, Fiona Cutts, and join her on the magical journey and hear how she changed from being paralysed by shyness to shining with exuberance as an international facilitator, empowering others to create a greater life than they ever thought possible.**

In this episode, Fiona shares with us her developing awareness that her energy is greater than she has currently going on in her life and the tools and questions that can help us, too, create way more in our lives. What if we're not here to just survive? What if we're here to enjoy and there never be enough?

### **Key messages:**

- Many of us developed shyness in response to what was going on in our childhoods even though we actually desire way more and yet have limited ourselves and our lives to avoid attention and criticism and created a recipe for not enjoying our lives
- Many of us were born to continue evolving and moving forward

## Tools and Questions

*All the energy that buying the Covid lie or that the reality on our planet is to survive will you destroy and uncreate that?*

Right and wrong, good and bad, POD and POC, all 9, shorts, boys and beyonds®.

*All the energy that comes up when you've been told that you're always changing your mind and reacted against it or aligned and agreed with it, truth, will you destroy and uncreate that?*

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To have the "more" you are asking for:

*What more can I add to my life? What more can I add to my life that would be super fun for me?*

*What more can I add to my life that would be super fun for me and create me money, too?*

*Anything that does allow you to perceive, know, be and receive that, will you destroy and uncreate it?*

Right and wrong, good and bad, POD and POC, all 9, shorts, boys and beyonds®.

*All the energy that comes up when hearing "Don't risk everything we've worked so hard for" will you destroy and uncreate it?*

Right and wrong, good and bad, POD and POC, all 9, shorts, boys and beyonds®.

## Resources:

- > Download your free resource - [5 Steps to Overcoming Shyness wherever you are](#)
- > [Find me](#)
- > [Access Bars®](#)
- > [Access Consciousness®](#)
- > [Access Consciousness Clearing Statement®](#)

Do get in touch with Fiona if you have any questions or would like to suggest a topic for a future Podcast.