



Episode 68 : **Creating From The Crazy**

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**Meet phenomenal host, Fiona Cutts, and join her on the magical journey and hear how she changed from being paralysed by shyness to shining with exuberance as an international facilitator, empowering others to create a greater life than they ever thought possible.**

In this episode, Fiona talks about the chaos, the crazy that she has been experiencing since she chose to travel to and around England in a state of uncertainty and not knowing what next. By using the tools she shares, she got the sense that the crazy partly occurs because she was not getting on with creating her life. She is now being present and moving forward with her new and all of her businesses with ease, joy and glory. What if we, too, are willing to have the ease, the joy and the glory beyond the chaos?

### **Key points:**

- We can create problems and our own brand of crazy when we are not getting on with creating our lives
- We can make the demand that the crazy doesn't deflect us from what we would like to have in our lives and choose what's true for us

- The antidote to when we are having crazy in our lives is to get really clear about what we would like in our lives (use the tools)

## **Tools and Questions**

*Everything hearing Fiona talk about her brand of crazy brings up in your world, truth, will you destroy and uncreate that?*

Right and wrong, good and bad, POD and POC, all 9, shorts, boys, POVADs and beyonds®.

*When we are seeking clarity about what we would like in our lives, ask, “Hey, Universe, show me what’s true for me.*

*Show me the energy of my life.*

*Tell me what’s true for me.”*

*How can this all turn out better than I could ever imagine?*

## **Resources:**

- > Download your free resource - [5 Steps to Overcoming Shyness Wherever You Are](#)
- > [Find me](#)
- > [Access Consciousness®](#)
- > [Access Consciousness Clearing Statement®](#)

Do get in touch with Fiona if you have any questions or would like to suggest a topic for a future Podcast.